



ASPIRA 'SPASUITE' EXPERIENCES

Our 'SpaSuite' Experiences include a collection of treatments enjoyed by couples, sisters, or friends in the privacy of our spacious 'SpaSuite' environments. Appointed with master shower, whirlpool bath, stone fireplace and accommodating up to three massage beds, our 'SpaSuitses' provide a place of retreat to experience Aspira together.

The Aspira Journey

Your Aspira Journey begins with a warm soothing bath designed to relax and prepare you for the balancing effects of Reflexology. Reflex points in the feet are activated to stimulate energy flow throughout the body and instill a sense of well-being. An Aromatic Relaxation Massage, designed to release deeply held stress and tension, concludes your journey.

- Element Bath
- Reflexology
- Aromatic Relaxation Massage

120 min. - \$265 per person

The Art of Spa

This palette of artful treatments begins with a Chromatherapy Element Bath, bathing you in color and one of the five element bath oils which most benefits you. Our luxurious Violet Clay Envelopment will leave you feeling soft and silky. After a refreshing shower in your own master shower, you will enjoy a relaxing and balancing Color Art Facial.

- Chromatherapy Element Bath
- Violet Clay Envelopment
- Color Art Facial

140 min. - \$295 per person

Suite Serenity

A delightful menu of sensual treatments will take you to a place of blissful calm. Begin your experience with an indulgent, warm soaking bath ritual using the fragrance of pure jasmine. Violet Clay Body Silking follows, leaving your skin soft and smooth as it stimulates energy flow. The Lomi Lomi or "loving hands" Massage, using percussive movements with long, smooth strokes from head to toe, induces a total state of relaxation.

- Aromatherapy Bath Ritual
- Violet Clay Body Silking
- Lomi Lomi Massage

140 min. - \$315 per person

Sacred Waters

Once considered sacred by the Native Americans who lived on its shores, the pristine waters of Elkhart Lake are used in this signature 'SpaSuite' Experience. Begin with the healing effects of our Therapeutic Aromatherapy Bath to help regulate body fluids and restore balance. Continue with an Envelopment of the Sea, as your body is massaged with algae-based cream masks tailored to your needs. The Sacred Waters Massage uses the energetic value of the water on the seven chakras to promote balance.

- Aromatherapy Bath
- Envelopment of the Sea
- Sacred Waters Massage

140 min. - \$325 per person

Infused with Spirit

A collection of signature treatments, 'Infused with Spirit' offers a physical, mental and spiritual experience unlike any other. This incredible treatment begins with a soothing, warm bath, using aromatherapy to enhance the body's response to the subtle energy shifts. Your journey of bliss continues with a Crystal Chakra Balancing Massage, using the vibration of pure colored light to bring the seven main chakras of the body into balance. The Aspira Chroma Facial, using color therapy and the application of natural masks, completes the 'SpaSuite' Experience, bringing the body, mind and spirit to a place of profound peace and harmony.

- Aromatherapy Bath Ritual
- Crystal Chakra Balancing Massage
- Aspira Chroma Facial

210 min. - \$395 per person

